

BASIC INFORMATION

1 FULL NAME

Suominen, Sakari Bertel Alfred, male, contact details: sakari.suominen(at)utu.fi, +358504547846

2 YEAR AND PLACE OF BIRTH

1955, Helsinki Finland, Finnish citizen, current residence, Turku, Finland

3 EDUCATION AND DEGREES AWARDED

Title of docent: Behavioral medicine

University of Turku, Faculty of Medicine 15 Sept 2005

Title of docent: Health-oriented welfare research

Åbo Akademi University, Faculty of Social Sciences and Economics 17 May 2002

Doctor of Medical Science, University of Turku 23 June 1993

Licentiate of Medicine, University of Helsinki 22 Sep 1981

4 OTHER EDUCATION AND TRAINING, QUALIFICATIONS AND SKILLS

Diploma in Health Administration for specialists, University of Turku 16 April 2002 (two years curriculum)

Specialist of Public Health, University of Turku 8 Oct 2001 (six years curriculum)

5 LINGUISTIC SKILLS

Mother tongue Swedish, fluent orally and written, Finnish, fluent orally and written (mark laudatur in the matriculation examination), English, good skills orally and written (mark laudatur in the matriculation examination), German, good orally and written (total basic training at the German School in Helsinki), French, self-acquired basic skills. Additionally, I understand well spoken and written Norwegian (nynorsk and bokmål) and to a somewhat lesser degree correspondingly Danish but I do not have skills in writing.

6 CURRENT POSITION

Professor of Health Care and Behavioral Medicine, University of Turku, Finland, Department of Public Health 1 April 2019 - (working part-time, (<http://www.utu.fi/search/Pages/peopleresults.aspx?k=Sakari%20Suominen>))

Professor of Public Health, University of Skövde, Sweden 1 Feb 2015 – (working part-time, http://his.se/en/about-us/Facts-and-figures/staff/Sakari_Suominen/?pubPage=2)

7 PREVIOUS WORK EXPERIENCE

Dean, Nordic School of Public Health 19 May 2014 – 31 Dec 2014

Acting Dean, Nordic School of Public Health 23 Aug 2013 – 18 May 2014

Professor (part-time), Nordic School of Public Health 15 Aug 2012 – 31 Dec 2014

Clinical lecturer, University of Turku, Department of Public Health 1 Jan 2010 –

Acting Professor of Public Health, Sept 2005 - May 2009, Feb - May 2009 10 % part-time University of Turku

Provincial Medical Officer 2003 – 2005, Head of the Department for Social Welfare and Health Services, Feb 2009 - Dec 2009 State Provincial Office of Western Finland

Acting Professor of Health Care, University of Turku 2002 – 2003

Acting Professor of ambulatory Health Care, University of Turku 2001

Lecturer Department of Public Health, University of Turku 2000 - 2001

Part-time Senior Researcher, 'Samfundet Folkhälsan i Svenska Finland rf' 2010 – 2015

Part-time Research Director, 'Samfundet Folkhälsan i Svenska Finland rf' 1998 - 2009

8 RESEARCH AND SCIENTIFIC ACTIVITIES

My research represents two principal areas, first Behavioral Medicine and in that discipline particularly studies on Salutogenesis, and later on work strain, health of ethnic minorities and of children and adolescents. From the late nineties my research also included Public Health Management Research, i.e. studies of leadership, management and function of health care. Of my present 143 published or for publication accepted international or domestic papers in referee-based journals roughly half (73) can be included in the first category of which 24 deal with Salutogenesis, 38 with work strain, and 11 with children and adolescents and roughly one third with various aspects of Public Health Management. All publications cannot unequivocally be categorized since some of them

concomitantly deal with more than one of the topics mentioned. I have supervised 7 PhD candidates up to the defence of the doctoral thesis, and presently I supervise seven registered PhD candidates.

Recent research funding

As PI for the 'Healthy Learning Mind (HLM)' study

The Juho Vainio Foundation 2013 and 2014, each year 22 500 € and in the year 2015 20 000 €

The Mats Brommels foundation 2014 49 400 €

Yrjö Jahansson Foundation 2014 15 000 € and 2015 12 000 €

Ministry of Social Affairs and Health 2016 250 000 €

As PI of a study of health and welfare differences of the principal language groups in Finland (Finnish 90 % and Swedish speakers 5 %)

The Swedish Cultural Foundation 2010, 2011, and 2012 each year 30 000 €

As Senior Member of a research group for personal sub-project of health and welfare differences of the principal language groups in Finland

The Swedish Cultural Foundation 2017 15 000 €

Svenska Litteratursällskapet i Finland r.f. 2015 5 000 €

As PI for the study 'Good care of Diabetes'

The Social Insurance Institution of Finland 2011 37 400 €

Varsinais-Suomi Regional Fund of the Finnish Cultural Foundation 2016 6 500 €

As Senior Member of research group (PI Professor Alexandra Krettek) of a evaluative study on the significance of mothers (N= 400) for promotion of cardiovascular health in rural Nepal

The Swedish Research Council 2017 1 200 000 SEK

Scientific awards

Adolph G. Kammer Merit in Authorship Award, American College of Occupational and Environmental Medicine 2009

9 TEACHING AND SUPERVISION

Pre-graduate teaching

I initiated my work as an academic teacher of mainly pre-graduate medical and dentistry students late in 1985 as lecturer at the Department of Public Health of the University of Turku. First, I mainly taught clinical aspects of social medicine by supervising and chairing group discussions and giving seminars to small groups dealing with a concurrent healthcare reform in Finland. I also gave university lectures to larger groups in health sociology and concurrent public health problems and their determinants and somewhat later also in health promotion including more theoretical aspects of the field.

Post-graduate teaching

As acting Professor of Health Care I also as course leader gave lessons in leadership, management and function of healthcare organizations, i.e. public health management, to doctors or dentists during their post-graduate professionally oriented specialization training. Concomitantly, on the advanced level of post-graduate research training I have taught and presently teach particularly study design, epidemiology, survey methodology and critical reading of scientific papers. During my career, I have also supervised to graduation of five master theses of other disciplines than medicine.

I am author or co-author of six textbook chapters given in the publication list

Both sample lessons related to my application of Title of docent were evaluated as excellent.

10 ADMINISTRATION AND OTHER ACTIVITIES

Leadership in research work

Concurrently I am since June 2019 co PI of the on-going cluster randomized trial 'Healthy Learning Mind, HLM' after having been PI since its start in 2013. I am co PI since 2017 of the on-going prospective population based postal survey on the concurrent working aged population in Finland, the 'Health and Social Support, HeSSup' study. I have been project leader of the now closed study 'Production Model of Primary Health Care (PHC) in four Finnish municipalities' in the years 1998 -2010 and the now closed register study of type 2 diabetes patients in the years 2006 – 2013. I am since 2011 project leader of the on-going study 'Good Care of Diabetes'. I have for the last ten years been senior member of research group of the on-going prospective birth cohort 'Finnish Family Competence FFC' study initiated 1985 (N = 1 000).

Leader of a collaboration and training group of postgraduate researchers called 'Individual and Society VIDSOC' (<http://his.se/Forskning/Halsa-och-larande/Individ-och-samhalle/>), University of Skövde 2016-