

## CURRICULUM VITAE

**Name:** Päivi Elina Korhonen

**Date and place of birth:** October 3, 1965, Harjavalta, Finland

**Citizenship:** Finnish

**Current residence:** Jokikatu 3, 29200 Harjavalta, Finland

### Education and degrees awarded

Professor of General Practice, Institute of Clinical Medicine, General Practice.

FIN-20014 University of Turku, Finland. Tel. +358-2-333 51.

Title of Docent, General Practice, University of Turku. Conferred 29th November 2013.

### Other education and training, qualifications and skills

1984 University Matriculation Examination, Harjavalta, Finland

1991 Licentiate of Medicine (MD), University of Tampere, Finland

1998 Medical Specialist: Internal Medicine. University of Tampere, Finland

2007 Special Competence in Diabetes Care. Finnish Medical Association.

2011 Medical Specialist: General Practice. University of Turku, Finland

2009 Doctor of Medicine (MD, PhD), University of Turku, Finland

2014 Special Competence in Medical Education. Finnish Medical Association

2015 Hypertension Specialist of the European Society of Hypertension (ESH)

### Linguistic skills

Mother tongue: Finnish

Other languages: English; proficient user (European level C2)

Swedish; independent user (B2)

German; independent user (B1)

### Current position

Professor of General Practice, Institute of Clinical Medicine, General Practice.

September 2015–

### **Previous work experience**

Associate professor	2013–2015	General Practice, University of Turku
Clinical teacher	2010–2011	General Practice, University of Turku
Medical Specialist	2004–2015	Central Satakunta Health Federation of Municipalities
Medical Specialist	2002–2004	Satakunta Central Hospital
Head of Department	1998–2002	Satakunta Hospital District, Rauma Hospital

### **Research funding, leadership and supervision**

Principal investigator in the HARMONICA (Harjavalta Risk Monitoring of Cardiovascular Disease) Project, a longitudinal study of cardiovascular risk factors in the community, conducted in the Central Satakunta Health Federation of Municipalities in 2005–2008. Funding provided by the Regional State Administrative Agency of Western Finland, and the Satakunta Central Hospital District.

Principal investigator of the PORTAAT (Pori to Aid Against Threats) Study, a longitudinal study of classical and psychosocial risk factors among working age men and women, conducted among the employees of the city of Pori in 2014–2015. Funding provided by the Etera Mutual Pension Insurance Company, Satakunta Hospital District, and Hospital District of Southwest Finland.

### **Merits in teaching and pedagogical competence**

Special Competence in Medical Education. Finnish Medical Association.

Curriculum planning and the implementation of courses of General Practice in the University of Turku.

### **Supervision of doctoral dissertations**

*Kari Syvänen*, Surgery, University of Turku, 2012.

*Tellervo Seppälä*, General Practice, University of Turku, 2017.

*Arto Heikkilä*, General Practice, University of Turku, 2018.

**Pre-examination of doctoral dissertations**

*Merja Laine*, General Practice, University of Helsinki, 2015.  
*Risto Kuronen*, General Practice, University of Tampere, 2015.  
*Risto Raivio*, General Practice, University of Tampere, 2016.  
*Maria Hagnäs*, General Practice, University of Oulu, 2016.  
*Aapo Veijalainen*, Physiology, University of Eastern Finland, 2016.  
*Antti Tikkakoski*, Internal Medicine, University of Tampere, 2018.

**Opponent for doctoral dissertations**

*Martina Torppa*, General Practice, University of Helsinki, 2017.  
*Anne Kuusisto*, Social Sciences and Business Studies, University of Eastern Finland, 2018.

**Nomination of Docents**

*Tuomas Koskela*, General Practice, University of Tampere, 2017

**Awards, prizes and honours**

A honourable mention for promoting health education granted by the Finnish Heart Association in 2008.

DEHKO Prize (the Development Programme for the Prevention and Care of Diabetes) granted by the Finnish Diabetes Association in 2009.

**Memberships and positions of trust in scientific and scholarly societies**

President of the Finnish Society of Hypertension, 2014–2017

Member of the Finnish Association of General Practice

Member of the Finnish Association of Internal Medicine

Member of the Finnish Cardiac Society

Member of the Finnish Society of Sport Sciences

**Expert duties**

Member of the working group of the Current Care Guidelines (evidence-based national guidelines) on Hypertension, the Finnish Medical Society Duodecim, in 2013–2014.

Member of the working group of the Current Care Guidelines (evidence-based national guidelines) on Obstructive Sleep Apnea, the Finnish Medical Society Duodecim, in 2016–2017.

Chairman of the Medical Advisory Board of the Satakunta District of the Finnish Heart Association, 2014–

### **Positions of trust in society**

Chairman of the Satakunta District of the Finnish Heart Association 2014–2017.

Member of the Administrative Committee of the Satakunta Regional Fund of the Finnish Cultural Foundation in 2012–2015.

### **Most important publications**

Korhonen P, Aarnio P, Saaresranta T, Jaatinen P, Kantola I. Glucose Homeostasis in Hypertensive Subjects. *Hypertension* 2008; 51:945-949.

Korhonen P, Syvänen K, Vesalainen R, Kantola I, Kautiainen H, Järvenpää S, Aarnio P. Ankle-brachial index is lower in hypertensive than in normotensive subjects in a cardiovascular risk population. *Journal of Hypertension* 2009; 27:2036-2043.

Korhonen P, Vesalainen R, Aarnio P, Saaresranta T, Kautiainen H, Järvenpää S, Kantola I. The assessment of total cardiovascular risk in hypertensive subjects in the general population. *Annals of Medicine* 2010; 42:187-195.

Korhonen P, Kivelä S-L, Järvenpää S, Kautiainen H, Kantola I. Health-related quality of life and awareness of hypertension. *Journal of Hypertension* 2011; 29:2070-2074.

Korhonen P, Seppälä T, Kivelä S-L, Kautiainen H, Järvenpää S, Aarnio P. Ankle-brachial index and health-related quality of life. *European Journal of Preventive Cardiology* 2012; 19 (5):901-907.

Korhonen P, Kivelä S-L, Aarnio P, Kautiainen H, Järvenpää S, Kantola I. Estimating Glomerular Filtration Rate in Hypertensive Subjects: Comparison of the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) and Modification of Diet in Renal Disease (MDRD) Study Equations. *Annals of Medicine* 2012; 44(5); 487-493.

Korhonen PE, Kautiainen H, Järvenpää S, Kantola I. Target organ damage and cardiovascular risk factors among subjects with previously unknown hypertension. *European Journal of Preventive Cardiology* 2014; 21(8):980-988.

Korhonen P, Seppälä T, Järvenpää S, Kautiainen H.  
Body mass index and health-related quality of life in apparently healthy individuals  
*Quality of life Research* 2014, 23(1):67-74.

Korhonen PE, Järvenpää S, Kautiainen H.  
Primary care-based, targeted screening program to promote sustained weight management  
*Scandinavian Journal of Primary Health Care* 2014; 32(1):30-6.

Ettala OO, Syvänen KT, Korhonen PE, Kaipia AJ, Vahlberg TJ, Boström PJ, Aarnio PT. High-Intensity physical activity, stable relationship, and high education level associate with decreasing risk of erectile dysfunction in 1,000 apparently healthy cardiovascular risk subjects. *Journal of Sex Med* 2014;9:2277-2284.

Korhonen P, Järvenpää S, Kautiainen H, Mäntyselkä P.  
Screening for cardiovascular risk factors and self-rated health in a community setting.  
*British Journal of General Practice* 2014; 2014; 64:505-506.

Korhonen PE, Kautiainen H, Kantola I.  
Factors modifying effects of hypertension on erectile function.  
*Journal of Hypertension* 2015; 33(5):975-980.

Heikkilä A, Venermo M, Kautiainen H, Aarnio P, Korhonen P.  
Physical activity improves borderline ankle-brachial index values in a cardiovascular risk  
population. *Ann Vasc Surg* 2016; 32:50-6. doi: 10.1016/j.avsg.2015.11.004.

Korhonen P, Kautiainen H, Eriksson J. The shorter the person, the higher the blood pressure.  
*Journal of Hypertension* 2017; 35:1170-1177.

Rehunen S, Eriksson J, Kautiainen H, Korhonen P. Adult height and glucose tolerance –  
a re-appraisal of the importance of body mass index. *Diabetic Medicine* 2017; 34(8):1129-1135.