

BRAIN COMMUNICATIONS

Large-scale activation likelihood estimation meta-analysis of parkinsonian disorders

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Parkinsonism is a feature of several neurodegenerative disorders, including Parkinson's disease, progressive supranuclear palsy, corticobasal syndrome and multiple system atrophy. Neuroimaging studies have yielded insights into parkinsonian disorders; however, due to variability in results, the brain regions consistently implicated in these disorders remain to be characterized. The aim of this meta-analysis was to identify consistent brain abnormalities in individual parkinsonian disorders (Parkinson's disease, progressive supranuclear palsy, corticobasal syndrome and multiple system atrophy) and to investigate any shared abnormalities across disorders. A total of 44 591 studies were systematically screened following searches of two databases. A series of whole-brain activation likelihood estimation meta-analyses were performed on 132 neuroimaging studies (69 Parkinson's disease; 23 progressive supranuclear palsy; 17 corticobasal syndrome; and 23 multiple system atrophy) utilizing anatomical MRI, perfusion or metabolism PET and single-photon emission computed tomography. Meta-analyses were performed in each parkinsonian disorder within each imaging modality, as well as across all included disorders. Results in progressive supranuclear palsy and multiple system atrophy aligned with current imaging markers for diagnosis, encompassing the midbrain, and brainstem and putamen, respectively. PET imaging studies of patients with Parkinson's disease most consistently reported abnormality of the middle temporal gyrus. No significant clusters were identified in corticobasal syndrome. When examining abnormalities shared across all four disorders, the caudate was consistently reported in MRI studies, whilst the thalamus, inferior frontal gyrus and middle temporal gyri were commonly implicated by PET. To our knowledge, this is the largest meta-analysis of neuroimaging studies in parkinsonian disorders and the first to characterize brain regions implicated across parkinsonian disorders.

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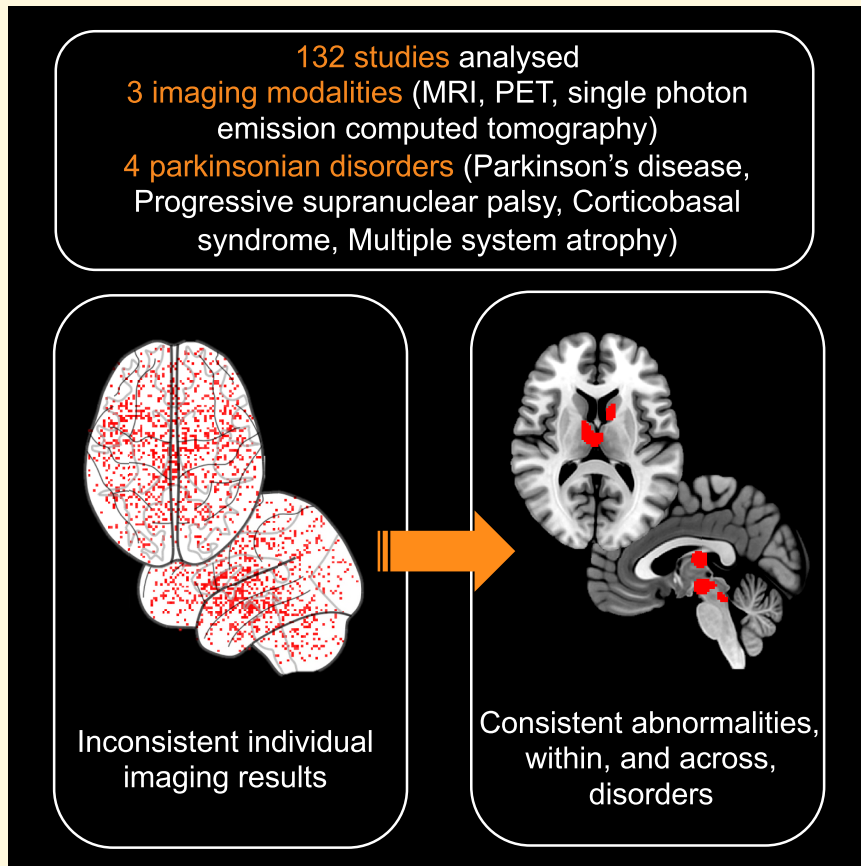
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Abbreviations: ALE = activation likelihood estimation; APDs = atypical parkinsonian disorders; CBS = corticobasal syndrome; FWE = family-wise error rate; HC = healthy controls; MA = modelled activation; MSA = multiple system atrophy; PSP = progressive supranuclear palsy; SPECT = single-photon emission computed tomography

Graphical Abstract



Introduction

Parkinsonism is a debilitating neurological syndrome characterized by bradykinesia, tremor, rigidity and postural instability.¹ The syndrome is most often caused by Parkinson's disease—the second most prevalent neurodegenerative disease worldwide, with incidence rates predicted to double in the next 20 years.^{2,3} Parkinsonism can also be caused by several atypical parkinsonian disorders (APDs), including progressive supranuclear palsy (PSP), corticobasal syndrome (CBS) and multiple system atrophy (MSA).² APDs are relatively rare and underdiagnosed, as the typical clinical characteristics can appear late in the course of the disease.^{4,5} Characterization of the commonly affected brain regions in these disorders is crucial to improving our understanding of their mechanisms.^{4,6,7}

Traditionally, parkinsonism has been associated with dysfunction of the nigrostriatal tract.^{7,8} Consequently, treatments to alleviate parkinsonian symptoms act on components of this circuit, including dopaminergic medications and deep brain

stimulation.^{9,10} Yet whilst these treatments have established efficacy in Parkinson's disease, APDs patients show little to no response.^{10,11} There are some characteristic imaging findings, including the 'hot cross bun' sign of MSA, the 'hummingbird' sign of PSP and asymmetric cortical atrophy in CBS,^{12–14} but sensitivity of these findings especially in the early phases of the diseases is relatively weak and the characterization of affected brain regions in each condition remains incomplete. Clinical heterogeneity and methodological variability (e.g. imaging modalities and study settings) may contribute to heterogeneous neuroimaging findings.⁶ For example, brain alterations in Parkinson's disease have been reported in all four lobes of the brain and often vary from study to study.⁷ Given that parkinsonism is a shared symptom complex, identifying converging brain abnormalities across parkinsonian disorders may clarify the common neural substrates.¹⁵

Meta-analytic methods have demonstrated the ability to collate heterogeneous imaging findings to converge upon a small number of key brain regions in neurological disorders.^{16,17} There is increasing evidence that symptoms share

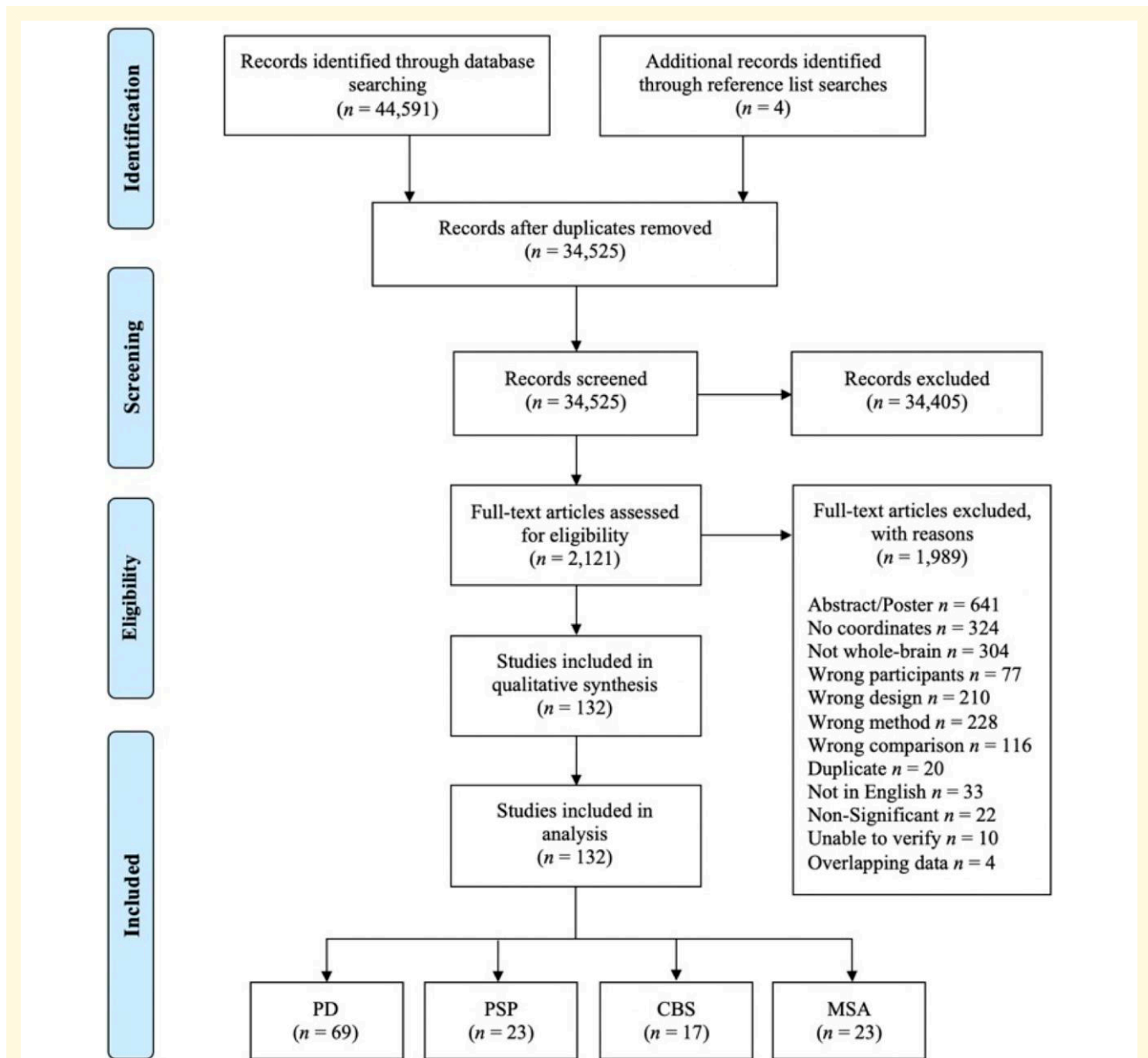


Figure 1 PRISMA systematic literature search decision flowchart. PRISMA systematic literature search decision flowchart displaying results of the four searches combined. Adapted from Moher et al.²² CBS = corticobasal syndrome; MSA = multiple system atrophy; PD = Parkinson's disease; PSP = progressive supranuclear palsy.

number of studies for meta-analysis (e.g. only two studies using PET imaging in CBS patients satisfied inclusion criteria). Given that unreliable estimates may result from a low n in ALE meta-analysis,^{25,27} we set a cut-off of 10 studies in order to conduct ALE meta-analysis. Contrasts with fewer than 10 studies were included for qualitative review only. This cut-off was determined to balance our intent to analyse as many contrasts as possible, taking into account previous ALE meta-analyses with smaller sample sizes (six to nine studies^{20,21,28}), and the increased risk of Type I error associated with an underpowered sample.²⁵

Results

Study selection

A total of 44595 articles were assessed for eligibility (Fig. 1). After duplicate removal, 34 525 articles were screened at title and abstract level, 2121 at full-text, with 132 studies meeting inclusion criteria (69 Parkinson's disease; 23 PSP; 17 CBS; and 23 MSA). PRISMA systematic search flowcharts for each search (per disorder) are provided in [Supplementary Figs. 1–4](#). The final search was conducted on 22 June 2022.

Table 1 Cohorts included in review

| Cohort | Studies | Participants | | Total coordinates |
|------------------------|---------|--------------|----------|-------------------|
| | | patients | Controls | |
| Parkinsonian disorders | 132 | 4211 | 3334 | 2190 |
| PD | 69 | 2817 | 1886 | 963 |
| PSP | 23 | 363 | 425 | 355 |
| CBS | 17 | 324 | 396 | 210 |
| MSA | 23 | 707 | 627 | 450 |

*Parkinsonian disorders' encompasses all four parkinsonian disorders.

CBS = corticobasal syndrome; MSA = multiple system atrophy; PD = Parkinson's disease; PSP = progressive supranuclear palsy.

The 132 included studies comprised 7545 participants and 2190 coordinates of significant differences between patients and controls (Table 1). Imaging modalities of the included studies were whole-brain structural MRI ($n = 85$), perfusion and metabolism PET ($n = 32$) and SPECT ($n = 15$). Characteristics of all included studies, including neuroimaging modality, participants and diagnostic criteria, are provided in Supplementary Table 2.

Qualitative analysis

Overall, 12 contrasts did not comprise enough studies for meta-analysis and were included for qualitative review only (Table 2; italicized authors in Supplementary Table 2). Studies included for qualitative review reported 939 coordinates of significant brain abnormality between patients and HC. All PET imaging studies assessed alterations in glucose metabolism, and all SPECT studies examined differences in perfusion. Populations sampled by these studies included patients with various comorbidities, such as pathological gambling,²⁹ cognitive impairment³⁵ and parkinsonian and cerebellar subtypes of MSA.^{43,48,51,56,62} Regions reported to be abnormal between patients and controls within each contrast were distributed throughout the brain; commonly reported regions are noted in Table 2. All studies were meta-analysed in the 'all parkinsonian disorders' combined meta-analyses.

Activation likelihood estimation meta-analyses

Five contrasts met our sample size threshold for ALE meta-analysis (≥ 10 studies). Analyses were conducted across studies reporting the results of MRI in patients with Parkinson's disease, PSP, CBS and MSA compared with controls; in addition, one PET meta-analysis was conducted on studies of patients with Parkinson's disease. Significant findings are detailed in Table 3; for a list of all studies contributing to each significant cluster, see Supplementary Table 3.

Parkinson's disease ALE meta-analysis

MRI. The Parkinson's disease MRI < HC meta-analysis was non-significant ($P > 0.05$ FWE corrected). The Parkinson's disease MRI > HC meta-analysis was also non-significant.

Table 2 Contrasts qualitatively reviewed

| Contrast | <i>n</i> | Main Findings |
|----------------------------------|----------|---|
| PD < HC SPECT | 8 | Cortical alterations in frontal (6/8 studies), ^{29–34} parietal (6/8), ^{29,32–36} occipital (6/8) ^{29,30,32,33,35,36} and temporal lobes (5/8) ^{30,32,34,37,38} |
| PD > HC SPECT | 5 | Basal ganglia, cerebellum ^{29,32,33,37,38} |
| PD > HC MRI | 5 | Cerebellum (4/5 studies) ^{39–42} |
| PSP </> HC SPECT | 2 | No commonalities identified ^{43,44} |
| PSP < HC PET | 6 | Midbrain, frontal lobes ^{45–50} |
| PSP > HC PET | 2 | Cerebellum ^{48,49} |
| MSA < HC PET | 6 | Putamen, cerebellum (5/6 studies) ^{48,51–54} |
| MSA > HC PET | 2 | No commonalities identified ^{48,51} |
| MSA < HC SPECT | 3 | Putamen (2/3 studies) ^{34,55} |
| MSA > HC MRI | 2 | No commonalities identified ^{56,57} |
| CBS < HC PET | 4 | Motor cortices (4/4) ^{48,50,58,59} |
| CBS < HC SPECT | 2 | Superior frontal gyrus ^{60,61} |

All studies qualitatively reviewed are noted in italics in the study characteristics table (Supplementary Table 2). CBS = corticobasal syndrome; HC = healthy controls; MSA = multiple system atrophy; PD = Parkinson's disease; PSP = Progressive supranuclear palsy; SPECT = single-photon emission computed tomography.

PET. The Parkinson's disease < HC meta-analysis of PET studies identified four significant clusters within the left middle temporal gyrus, caudate and right inferior frontal and middle frontal gyri ($P < 0.05$ FWE corrected; Table 3 and Fig. 2B).

SPECT. No meta-analyses were performed of SPECT studies in Parkinson's disease due to insufficient sample sizes (Parkinson's disease < HC $n = 8$ and Parkinson's disease > HC $n = 5$).

PSP ALE meta-analysis

MRI. Five significant clusters were identified for the PSP < HC contrast, encompassing bilateral thalami, right insula, left caudate, left anterior cerebellar lobe and left insula/claustrum ($P < 0.05$ FWE corrected; Fig. 2A, first row, and Table 3). No analysis was conducted for the opposite contrast as no studies reported coordinates of increased grey/white matter volume.

PET and SPECT. No meta-analyses were performed on PET ($n = 6$) or SPECT ($n = 2$) studies in PSP due to insufficient sample sizes.

CBS ALE meta-analysis

MRI. The meta-analysis of MRI studies in the CBS < HC contrast was non-significant. As no studies reported

Table 3 Significant ALE meta-analysis findings in parkinsonian disorders

| Contrast | | Region | x | y | z | Volume (mm ³) | ALE value | Convergence n (%) |
|---|---|---|-------|-------|-------|---------------------------|-----------|-------------------|
| PET PD < HC Number of experiments in analysis = 17 | 1 | L. Mid. Temporal G. | -44.7 | -64.4 | 35.8 | 2088 | 0.0251 | 8 (47%) |
| | 2 | L. Caudate | -14.3 | 13.1 | 6.6 | 1000 | 0.0251 | 5 (29.4%) |
| | 3 | R. Inferior Frontal G. | 57.4 | 16.4 | 23.6 | 680 | 0.0253 | 3(17.6%) |
| | 4 | R. Middle Frontal G. | 34 | 22 | 42.8 | 664 | 0.0223 | 3(17.6%) |
| MRI PSP < HC Number of experiments in analysis = 16 | 1 | Bilat. Thalamus/Red nucleus | 2.2 | -14.1 | -0.9 | 11 072 | 0.0488 | 14 (87.5%) |
| | 2 | R. Insula | 43.5 | 17.2 | 4.1 | 1040 | 0.023 | 4 (25%) |
| | 3 | L. Caudate | -10.7 | 6.2 | 12.9 | 952 | 0.0257 | 6 (37.5%) |
| | 4 | L. Brainstem | -7.4 | -34.9 | -13.5 | 816 | 0.0231 | 4 (25%) |
| | 5 | L. Insula | -37 | 16.9 | 3.5 | 808 | 0.0218 | 4 (25%) |
| MRI MSA < HC Number of experiments in analysis = 13 | 1 | Brainstem | 1.2 | -33.8 | -18.9 | 896 | 0.0256 | 4 (30.8%) |
| | 2 | L. Putamen | -22.7 | 11.6 | -6.4 | 776 | 0.0209 | 4 (30.8%) |
| | 3 | Brainstem | -12 | -35.3 | -32 | 640 | 0.0162 | 5 (38.5%) |
| MRI Parkinsonian disorders < HC Number of experiments in analysis = 84 | 1 | R. Thalamus ^{*4/4} | 5.4 | -11.9 | 13.5 | 2744 | 0.0498 | 12 (14.3%) |
| | 2 | L. Caudate ^{*3/4} | -26.3 | 13.9 | 6.3 | 2312 | 0.0385 | 16 (19%) |
| | 3 | Bilat. Midbrain/Red nucleus ^{*2/4} | 1.6 | -17.5 | -9 | 1432 | 0.0538 | 12 (14.3%) |
| | 4 | L. Amygdala ^{*3/4} | -19.7 | -8.4 | -11.7 | 1016 | 0.0305 | 10 (11.9%) |
| | 5 | R. Parahippocampal G., Amygdala ^{*3/4} | 19 | -12.4 | -14.4 | 1008 | 0.0349 | 7 (8.3%) |
| | 6 | L. Brainstem ^{*2/4} | -3.2 | -33.4 | -16 | 856 | 0.0302 | 6 (7.1%) |
| PET Parkinsonian disorders < HC Number of experiments in analysis = 33 | 1 | L. Lateral Occipital cortex ^{*3/4} | -45.5 | -64.2 | 34.3 | 2344 | 0.0319 | 10 (30.3%) |
| | 2 | L. Caudate ^{*4/4} | -14.9 | 11.9 | 7.5 | 2056 | 0.0414 | 11 (33.3%) |
| | 3 | R. Caudate ^{*4/4} | 16.2 | 13.7 | 4.9 | 1840 | 0.0345 | 10 (30.3%) |
| | 4 | R. Inferior Frontal G. ^{*4/4} | 57.1 | 15 | 23.4 | 1296 | 0.0403 | 8 (24.2%) |
| | 5 | R. Middle Frontal G. ^{*2/4} | 34.1 | 20.3 | 46 | 848 | 0.0228 | 5 (15.2%) |
| | 6 | R. Lateral Occipital cortex ^{*3/4} | 42 | -60 | 47.3 | 752 | 0.0212 | 4 (12.1%) |
| Parkinsonian disorders > HC Number of experiments in analysis = 11 | 1 | R. Middle Temporal G. ^{*4/4} | 39.5 | -31.8 | -2.8 | 1200 | 0.0159 | 5 (45.5%) |
| | 2 | L. Insular cortex ^{*3/4} | -32.6 | -18.5 | 21.7 | 792 | 0.015 | 4 (36.4%) |
| | 3 | L. Inferior Occipital G. ^{*3/4} | -40.3 | -81.6 | 1.6 | 648 | 0.0178 | 3 (27.3%) |

All clusters reported were significant at $P < 0.05$ family-wise error corrected. Centre of gravity provided in MNI x, y and z coordinates. Some studies included multiple patient groups and therefore performed multiple experiments. Convergence n = number of experiments contributing to clusters. Bilat. = bilateral; G. = gyrus; HC = healthy controls; Inf. = inferior; L. = left; Mid. = middle; MNI = Montreal Neurological Institute; MSA = multiple system atrophy; PD = Parkinson's disease; PSP = progressive supranuclear palsy; R. = right. * denotes the number of disorders in the parkinsonian analyses that contributed to the significant result. For a list of studies contributing to each cluster, see [Supplementary Table 3](#).

'increases' in grey/white matter volume, no meta-analysis was conducted.

PET and SPECT. No meta-analyses were performed on PET ($n = 5$) or SPECT ($n = 2$) studies in CBS due to insufficient sample sizes.

MSA ALE meta-analysis

MRI. Three clusters were significant for the MSA < HC MRI meta-analysis, two of which were located within the brainstem and one cluster within the left putamen ($P < 0.05$ FWE corrected) (Fig. 2A, second row, and Table 3). No meta-analysis was performed for the

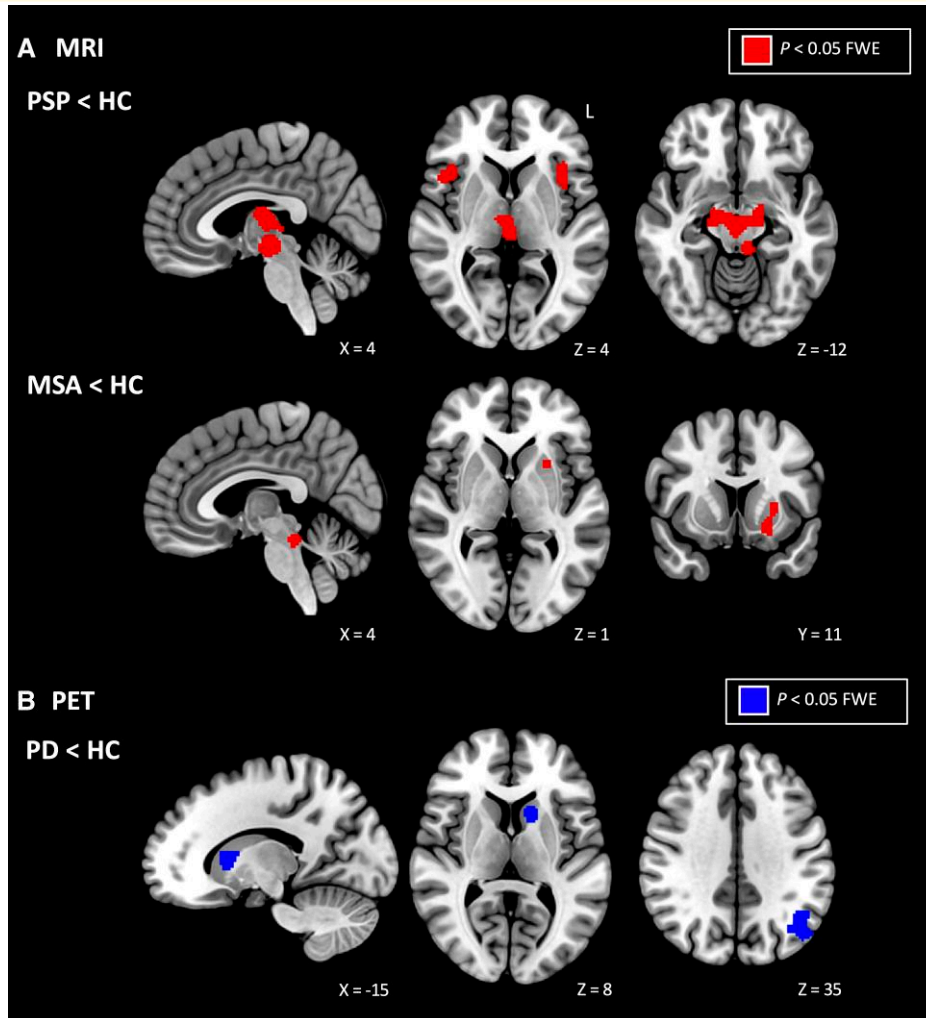


Figure 2 Meta-analysis results in individual parkinsonian disorders. (A) Meta-analyses of MRI imaging, patients < HC. Alteration of the red nucleus was characteristic of PSP patients, whilst the brainstem and putamen were the most commonly implicated regions in patients with MSA. (B) Meta-analysis of PET imaging in Parkinson's disease; patients < HC. The middle temporal gyrus and left caudate were consistently implicated by PET imaging in Parkinson's disease patients. All significant clusters are reported in Table 3. FWE = family-wise error; L = left; MSA = multiple system atrophy; PD = Parkinson's disease; PSP = progressive supranuclear palsy.

MSA > HC contrast as only two studies reported coordinates for that contrast.

PET and SPECT. No meta-analyses were performed on PET (MSA < HC $n = 6$ and MSA > HC $n = 3$) or SPECT ($n = 3$) studies in MSA due to insufficient sample sizes.

ALE meta-analysis of parkinsonian disorders

Finally, meta-analysis was performed across all 132 included studies of parkinsonian disorders within each neuroimaging modality.

MRI. Six significant clusters were identified in the parkinsonian disorders < HC analysis of MRI studies ($P < 0.05$ FWE corrected) (Fig. 3 and Table 3), found throughout the thalamus, basal ganglia, parahippocampal gyrus, brainstem and midbrain. The opposite contrast, examining increases in patients compared to controls, was non-significant.

PET. Six clusters were identified for the patients < HC contrast ($P < 0.05$ FWE corrected) (Fig. 3B and Table 3), found throughout the caudate, lateral occipital cortices and inferior and middle frontal gyri. Three clusters were significant in the opposite contrast (patients > HC) ($P < 0.05$ FWE corrected) (Fig. 3C and Table 3), including the middle temporal gyrus, insular cortex and inferior occipital gyrus.

SPECT. The Parkinsonian disorders < HC analysis of SPECT studies was non-significant. Only six studies reported increases in patients compared with controls using SPECT imaging, and therefore no meta-analysis was conducted on this contrast (patients > HC).

Overall, the combined parkinsonian disorder meta-analysis revealed several regions that were reported across all four parkinsonian disorder cohorts. Specifically, abnormality of the thalamus was implicated in MRI studies of all disorders, whilst

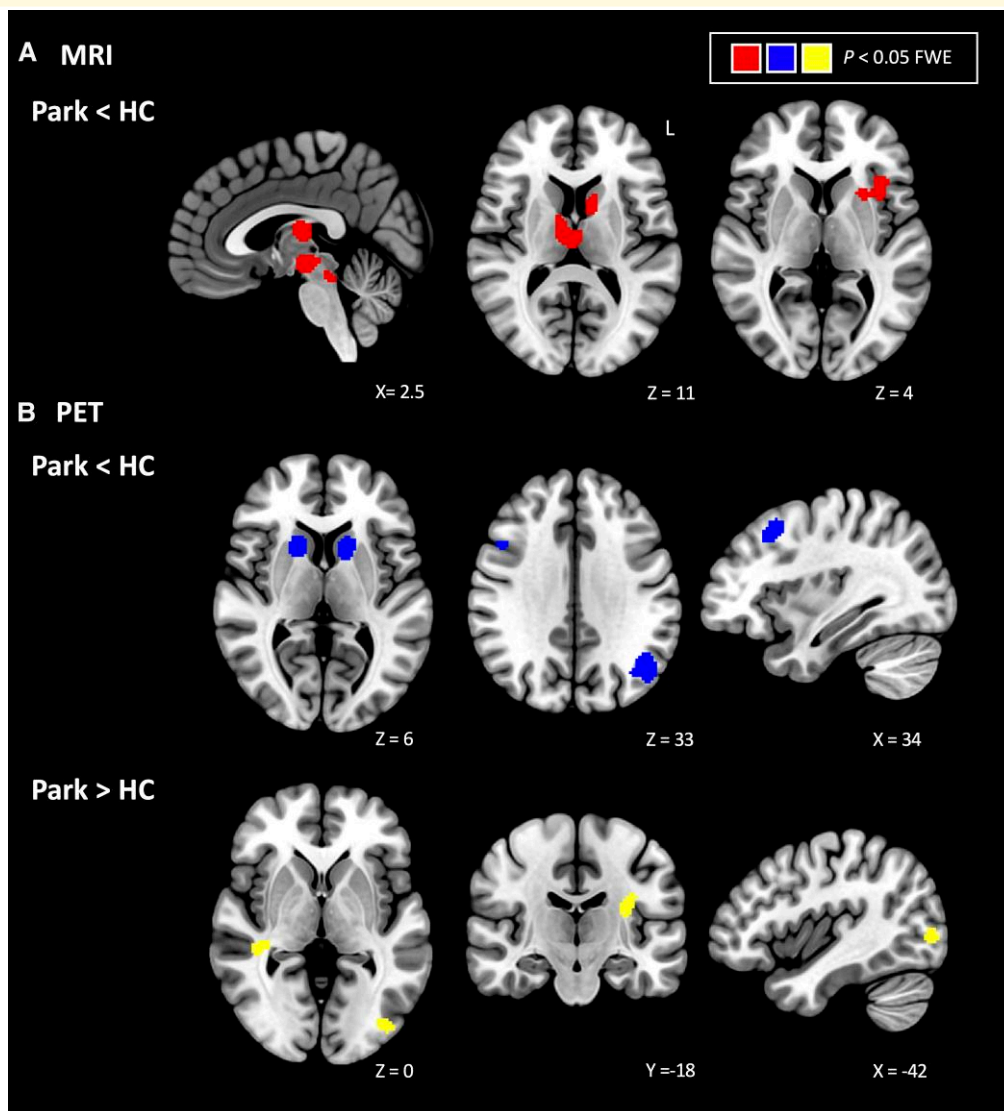


Figure 3 Meta-analysis findings across parkinsonian disorders. (A) Meta-analysis of MRI imaging in all parkinsonian disorders, patients < HC (top row). (B) Meta-analyses of PET imaging in all parkinsonian disorders, patients < HC (middle row) and patients > HC (bottom row). FWE = family-wise error; HC = healthy controls; Park = parkinsonian disorders.

alteration to bilateral caudate, inferior frontal and middle temporal gyri was implicated by PET studies in all disorders. The caudate was the only significant cluster identified by the combined parkinsonian disorder meta-analyses, which was consistent across multiple modalities (MRI and PET).

Discussion

The present study conducted a series of whole-brain ALE meta-analyses to identify consistent regions of brain abnormality within, and across, parkinsonian disorders. Results in PSP and MSA aligned with current clinical imaging markers. PET studies of Parkinson's disease patients most consistently reported abnormality of the middle temporal gyrus. Several regions were found to be common to all disorders by our analysis of all parkinsonian disorders combined, specifically

abnormality of the thalamus reported by MRI studies, and bilateral caudate, inferior frontal and middle temporal gyri alterations implicated by PET. Our findings highlight individual patterns of brain abnormality within each disorder, whilst also demonstrating that a small number of brain regions are implicated across all of the included parkinsonian disorders.

Parkinson's disease

Meta-analysis of PET imaging studies in Parkinson's disease revealed hypometabolism of the left middle temporal gyrus, caudate and right inferior and middle frontal gyri to be the most robust regions of abnormality, consistent with prior meta-analysis.⁶ In contrast to previous meta-analyses,^{6,20,21,28} our MRI meta-analysis did not identify any significant clusters. These findings are in alignment with the conclusion of Albrecht

reproducibility,⁹² it is also possible that the remainder of these studies' coordinates are still functionally connected to the clusters that we identified.¹⁸ Recent studies have shown that complex symptoms that failed to localize to discrete brain regions successfully localize to functionally connected brain networks.^{18,93,94} It is possible that such network mapping analyses may be useful in reconciling apparently inconsistent findings of neuroimaging studies in parkinsonian disorders.

Limitations

Our meta-analysis has a number of limitations that should be discussed. First, most of the included studies did not have diagnoses confirmed by autopsy. Due to the poor sensitivity of clinical APDs diagnoses and overdiagnosis of Parkinson's disease,⁴ misdiagnoses within the published studies are possible. Second, ALE results are driven by coordinates of statistically significant differences between patients and controls. Whether patient differences reach significance in each study will have been influenced by methods decided by these studies' authors (e.g. image processing, statistical thresholds applied), which were not uniform across the included studies. Whilst the ALE technique partially controls for variance in study methodologies, it does not do so completely. Similarly, the method does not account for the possible contribution of confounding variables (e.g. age/sex) as one could in traditional meta-analysis. Future coordinate-based meta-analytic techniques should aim to incorporate control of covariates. Third, without the use of neurodegenerative control conditions, it is possible that some of the regions identified by our parkinsonian analyses may be commonly abnormal across disorders because of vulnerability of certain regions to degeneration rather than due to their specific involvement in the generation of shared symptoms.^{1,95}

Conclusion

To our knowledge, this is the largest whole-brain ALE meta-analysis of parkinsonian disorders and the first to characterize brain regions implicated across disorders, and within multiple neuroimaging modalities. Localizations aligned with current diagnostic imaging markers, isolating the midbrain in PSP, and the brainstem in MSA. PET studies most consistently reported alteration to the middle temporal gyrus in Parkinson's disease patients. Importantly, we also demonstrated several regions that were abnormal across these parkinsonian disorders, including the thalamus, caudate, inferior frontal and middle temporal gyri. These findings help to illuminate the brain regions that are abnormal in parkinsonian disorders and highlight a set of common brain regions across disorders that may contribute to shared parkinsonian symptoms.

Supplementary material

Supplementary material is available at *Brain Communications* online.

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Competing interests

The authors declare no competing interests.

Data availability

The data that support the findings of this study are available from the corresponding author upon request. Code used via Ginger ALE version 3.2 is available through <http://brainmap.org>.

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